

Nutrition Guide

Printed on 12-01-2018 . Information can change frequently, so check www.Baskinrobbins.com for the most current information.

Before placing your order, please inform your server if anyone in your party has a food allergy.

Limited Time Products

Cappuccino Blast®	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Cappuccino Blast® Caramel Cappuccino Cheesecake - Large	32 fl oz	620	220	25	15	1	90	260	89	1	82	-	12	20	2	40	2
Cappuccino Blast® Caramel Cappuccino Cheesecake - Medium	24 fl oz	490	180	20	12	0.5	75	200	69	0	64	-	9	15	2	30	2
Cappuccino Blast® Caramel Cappuccino Cheesecake - Small	16 fl oz	320	120	13	8	0	50	130	45	0	42	-	6	10	2	20	2

Flavors of the Month	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Caramel Cappuccino Cheesecake Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	80	9	5	0	35	85	18	0	15	-	3	6	2	10	0
Caramel Cappuccino Cheesecake Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	130	14	9	0	55	140	29	0	24	-	5	10	2	15	2

Pre-Packed Ice Cream	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Pistachio Almond Fudge Ice Cream Quart	1/2 cup (76 grams)	180	90	10	5	0	30	55	18	1	12	-	4	15	2	10	2

Premium Sundaes	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Caramel Cappuccino Cheesecake Warm Brownie Sundae	1 Serving (287 grams)	840	310	34	16	0.5	105	440	123	4	80	-	12	15	4	30	25

Seasonal Flavors	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Bourbon Street Pecan Pie Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	190	100	11	5	0	30	150	20	1	14	-	3	6	2	8	2
Bourbon Street Pecan Pie Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	300	150	17	9	0	45	230	32	1	22	-	5	8	2	15	4
Caramel Cream Puff Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	80	9	6	0	30	85	21	0	16	-	3	6	2	10	0
Caramel Cream Puff Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	120	14	9	0	45	135	34	0	25	-	5	8	2	15	2
Caramel Praline Cheesecake Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	4.5	0	30	95	20	0	15	-	3	6	2	10	0
Caramel Praline Cheesecake Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	130	14	8	0	45	150	32	1	24	-	4	8	2	15	2
Chocolate del Fuego Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	6	0	30	65	22	1	16	-	3	6	0	8	6
Chocolate del Fuego Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	130	14	9	0	45	105	34	2	26	-	4	10	2	10	10
Egg Nog Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	70	8	5	0	40	55	17	0	12	-	3	6	2	10	0

Seasonal Flavors	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Egg Nog Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	240	120	13	8	0	65	90	26	0	20	-	4	10	2	15	0
German Chocolate Cake Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	190	90	10	6	0	25	90	21	1	14	-	4	4	2	10	4
German Chocolate Cake Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	300	150	17	9	0	40	140	33	2	23	-	6	8	2	15	6
No Sugar Added, Reduced Fat Brownie Sundae Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	120	45	5	3	0	20	60	21	2	4	11	3	6	2	10	2
No Sugar Added, Reduced Fat Brownie Sundae Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	190	70	8	5	0	30	100	33	4	6	18	5	8	2	15	4
Peppermint Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	80	9	6	0	30	50	17	0	13	-	3	6	2	10	0
Peppermint Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	250	130	14	9	0	50	80	26	0	21	-	4	10	4	15	0
Pumpkin Cheesecake Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	70	8	4.5	0	25	85	21	0	16	-	3	30	2	8	2
Pumpkin Cheesecake Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	110	12	7	0	45	135	34	1	26	-	4	45	2	15	2
Pumpkin Pie Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	140	60	7	4.5	0	30	55	16	0	13	-	3	50	2	10	0
Pumpkin Pie Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	220	100	11	7	0	45	85	25	1	20	-	4	80	2	15	2
Quarterback Crunch® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	90	10	7	0	30	90	19	0	14	-	3	6	2	10	0
Quarterback Crunch® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	150	17	12	0	45	150	30	0	22	-	4	8	2	15	2
Trick OREO® Treat Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	90	10	6	0	30	85	20	0	15	-	3	6	2	10	2
Trick OREO® Treat Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	290	140	16	9	0	45	140	32	1	24	-	5	8	2	15	4
Winter White Chocolate® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	6	0	25	55	19	1	14	-	2	6	4	8	2
Winter White Chocolate® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	130	14	9	0	40	85	30	1	23	-	4	8	8	15	2

Allergy sufferers should always read the product ingredient statement and allergen information available at www.Baskinrobbins.com Please note that our restaurants prepare and serve products that contain allergens other than the products you select.

Baskin Robbins has made a reasonable effort to provide nutritional and ingredient information based upon standard product formulations and following the FDA guidelines using formulation and nutrition labeling software. Variations may occur due to: seasonal conditions; regional differences; ingredient substitutions and differences in product assembly or size at the restaurant. Test products, limited time offers and regional menu variations may not be included and not all items listed may be available in all restaurants. The information on these printed materials may vary from that which may be available in our restaurants. We will update www.Baskinrobbins.com frequently, so please revisit this site for the most current information. Any customers with further questions regarding specific dietary concerns are advised to visit www.Baskinrobbins.com or call our customer care line at 800-859-5339.

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Permanent Products

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Warm Lava Cake Sundae	1 Serving (234 grams)	780	370	42	19	1	90	340	99	3	66	-	9	10	90	20	10

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
31° Below® Mix-In																	
Butterfinger® 31° Below® - Large	24 oz	1150	410	46	27	1	100	680	163	4	127	-	30	40	10	90	8
Butterfinger® 31° Below® - Medium	16 oz	850	300	34	20	0.5	70	490	120	3	93	-	22	30	8	60	6
Butterfinger® 31° Below® - Mini	9 oz	420	150	17	10	0	40	250	59	2	47	-	12	15	4	35	2
Butterfinger® 31° Below® - Small	12 oz	620	220	25	15	0	55	360	87	2	68	-	16	20	6	50	4
Chocolate Chip Cookie Dough 31° Below® - Large	24 oz	1180	390	44	24	1	125	750	173	4	128	-	27	50	10	90	10
Chocolate Chip Cookie Dough 31° Below® - Medium	16 oz	870	290	32	17	1	90	550	129	3	94	-	20	35	8	60	8
Chocolate Chip Cookie Dough 31° Below® - Mini	9 oz	440	150	17	9	0	50	280	64	1	49	-	11	20	4	35	4
Chocolate Chip Cookie Dough 31° Below® - Small	12 oz	640	210	24	13	0.5	65	410	94	2	69	-	15	25	6	45	6
Heath® 31° Below® - Large	24 oz	1240	560	62	36	1.5	120	810	151	4	144	-	27	45	10	90	6
Heath® 31° Below® - Medium	16 oz	910	410	46	27	1	90	590	111	3	106	-	19	35	8	70	4

31° Below® Mix-In	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Heath® 31° Below® - Mini	9 oz	450	200	22	13	0	50	290	55	1	52	-	11	20	4	40	2
Heath® 31° Below® - Small	12 oz	660	300	33	19	0.5	65	430	81	2	77	-	14	25	6	50	4
Made with M&M's® 31° Below® - Large	24 oz	1350	480	54	34	1	115	520	187	6	171	-	30	45	10	100	10
Made with M&M's® 31° Below® - Medium	16 oz	1000	360	40	25	0.5	80	380	139	5	126	-	22	30	8	70	10
Made with M&M's® 31° Below® - Mini	9 oz	480	170	19	12	0	45	200	66	2	61	-	12	20	4	40	4
Made with M&M's® 31° Below® - Small	12 oz	720	260	29	18	0.5	60	280	100	3	91	-	16	25	6	60	6
Made with Snickers® 31° Below® - Large	24 oz	1140	440	49	25	1	105	660	147	4	131	-	32	45	10	100	6
Made with Snickers® 31° Below® - Medium	16 oz	840	320	36	19	1	75	480	108	3	96	-	23	30	8	70	4
Made with Snickers® 31° Below® - Mini	9 oz	430	160	18	10	0	45	250	55	2	49	-	12	20	4	40	2
Made with Snickers® 31° Below® - Small	12 oz	610	240	26	14	0.5	55	350	79	2	70	-	17	25	6	50	4
OREO® 31° Below® - Large	24 oz	990	360	40	21	1	100	700	135	4	106	-	26	40	10	90	25
OREO® 31° Below® - Medium	16 oz	720	260	29	15	0.5	70	520	99	3	77	-	19	30	8	60	20
OREO® 31° Below® - Mini	9 oz	380	140	15	8	0	40	260	51	1	41	-	11	15	4	35	8
OREO® 31° Below® - Small	12 oz	530	190	21	11	0.5	55	380	73	2	57	-	14	20	6	45	15
REESE'S® Peanut Butter Cup 31° Below® - Large	24 oz	1240	550	61	30	1	110	840	148	7	134	-	36	40	10	100	15
REESE'S® Peanut Butter Cup 31° Below® - Medium	16 oz	910	410	45	22	0.5	80	620	109	5	99	-	26	30	8	70	10
REESE'S® Peanut Butter Cup 31° Below® - Mini	9 oz	450	190	22	11	0	45	300	55	2	50	-	14	15	4	40	6
REESE'S® Peanut Butter Cup 31° Below® - Small	12 oz	670	290	33	16	0.5	60	450	79	4	72	-	19	20	6	50	8

31° Below® Pies	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Heath® 31° Below® Pie	1/9 Pie (122 grams)	350	160	18	11	0	20	190	43	1	34	-	5	6	2	15	4
OREO® 31° Below® Pie	1/9 Pie (129 grams)	380	160	18	11	0	15	220	51	2	35	-	6	6	40	15	10
REESE'S® Peanut Butter Cup 31° Below® Pie	1/9 Pie (135 grams)	430	230	26	12	0	15	260	45	2	34	-	9	6	8	15	8

BRight Choices®	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Fat-Free Vanilla Frozen Yogurt - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	80	0	0	0	0	0	60	16	0	12	-	3	0	2	15	0
Fat-Free Vanilla Frozen Yogurt - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	130	0	0	0	0	5	100	26	0	20	-	5	0	2	20	0
Lemon Sorbet - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	60	0	0	0	0	0	0	16	0	11	-	0	0	6	0	0
Lemon Sorbet - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	100	0	0	0	0	0	0	25	0	18	-	0	0	8	0	0
Premium Churned Reduced-Fat, No Sugar Added Caramel Turtle Truffle Ice Cream - 2.5 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 10 grams Fat per 2.5 oz Scoop.	1 - 2.5 oz Scoop (71 grams)	120	45	5	3.5	0	15	75	24	2	4	16	3	4	2	10	0
Premium Churned Reduced-Fat, No Sugar Added Caramel Turtle Truffle Ice Cream - 4 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 15 grams Fat per 4 oz Scoop.	1 - 4 oz Scoop (113 grams)	200	70	8	6	0	25	120	38	3	6	25	5	8	2	15	2
Premium Churned Reduced-Fat, No Sugar Added	1 - 2.5 oz Scoop (71 grams)	100	35	4	2.5	0	15	45	18	2	5	9	3	6	4	10	0

BRight Choices®	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Pineapple Coconut Ice Cream - 2.5 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 10 grams Fat per 2.5 oz Scoop.																	
Premium Churned Reduced-Fat, No Sugar Added Pineapple Coconut Ice Cream - 4 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 15 grams Fat per 4 oz Scoop.	1 - 4 oz Scoop (113 grams)	160	60	6	4	0	25	75	29	4	7	14	5	8	4	15	0
Strawberry Frozen Yogurt - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	100	30	3.5	2.5	0	15	40	15	0	13	-	3	2	2	10	2
Strawberry Frozen Yogurt - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	170	50	6	3.5	0	25	65	25	0	20	-	4	4	2	15	2

Cappuccino Blast®	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Cappuccino Blast® (made with Soft Serve) - Large	32 fl oz	480	130	15	10	0	60	230	86	1	74	-	13	20	4	45	2
Cappuccino Blast® (made with Soft Serve) - Medium	24 fl oz	380	110	12	8	0	50	180	66	1	57	-	10	15	4	35	2
Cappuccino Blast® (made with Soft Serve) - Small	16 fl oz	250	70	8	5	0	35	115	44	1	38	-	6	10	2	25	2
Cappuccino Blast® Caramel (made with Soft Serve) - Large	32 fl oz	780	160	18	12	0	70	600	151	1	123	-	14	20	6	50	2
Cappuccino Blast® Caramel (made with Soft Serve) - Medium	24 fl oz	570	130	14	9	0	55	430	109	1	89	-	10	15	4	40	2

Cappuccino Blast®	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Cappuccino Blast® Caramel (made with Soft Serve) - Small	16 fl oz	350	80	9	6	0	35	240	64	1	53	-	7	10	2	25	2
Cappuccino Blast® Caramel - Large	32 fl oz	1040	280	32	20	1	110	430	176	2	122	-	13	20	4	45	2
Cappuccino Blast® Caramel - Medium	24 fl oz	790	220	25	15	1	90	320	130	1	91	-	10	20	4	35	2
Cappuccino Blast® Caramel - Small	16 fl oz	500	150	16	10	0.5	60	200	81	1	58	-	6	10	2	25	0
Cappuccino Blast® Mocha (made with Soft Serve) - Large	32 fl oz	640	130	14	9	0	55	220	125	2	91	-	13	20	4	45	4
Cappuccino Blast® Mocha (made with Soft Serve) - Medium	24 fl oz	500	100	12	7	0	45	180	96	2	70	-	10	15	4	35	4
Cappuccino Blast® Mocha (made with Soft Serve) - Small	16 fl oz	330	70	8	5	0	30	115	64	1	46	-	6	10	2	20	2
Cappuccino Blast® Mocha - Large	32 fl oz	790	240	27	17	1	100	190	127	2	93	-	11	20	4	40	8
Cappuccino Blast® Mocha - Medium	24 fl oz	610	190	22	13	1	80	150	97	1	71	-	9	15	4	30	6
Cappuccino Blast® Mocha - Small	16 fl oz	410	130	14	9	0.5	55	95	64	1	47	-	6	10	2	20	4
Cappuccino Blast® OREO® 'n Cookies - Large	32 fl oz	950	350	39	19	1	85	520	136	2	105	-	15	20	2	45	25
Cappuccino Blast® OREO® 'n Cookies - Medium	24 fl oz	730	280	31	15	0.5	70	400	105	2	80	-	11	15	2	35	20
Cappuccino Blast® OREO® 'n Cookies - Small	16 fl oz	490	190	21	10	0	45	270	70	1	54	-	7	10	2	25	10
Cappuccino Blast® Original - Large	32 fl oz	600	250	27	17	1	105	170	79	0	74	-	11	20	2	40	2
Cappuccino Blast® Original - Medium	24 fl oz	470	200	22	14	1	85	135	61	0	57	-	9	15	2	30	0
Cappuccino Blast® Original - Small	16 fl oz	310	130	15	9	0.5	55	90	40	0	38	-	6	10	2	20	0

Cappuccino Blast®	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Cappuccino Blast® Turtle - Large	32 fl oz	1010	250	28	16	1	85	470	185	2	123	-	12	20	4	45	4
Cappuccino Blast® Turtle - Medium	24 fl oz	820	200	23	13	0.5	70	370	150	2	98	-	10	15	2	35	2
Cappuccino Blast® Turtle - Small	16 fl oz	540	140	15	8	0	45	250	98	1	65	-	6	10	2	25	2

Classic Flavors	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Cherries Jubilee Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	140	60	7	4.5	0	30	45	17	0	15	-	2	6	2	10	0
Cherries Jubilee Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	230	100	11	7	0	45	75	28	0	24	-	4	8	2	15	0
Chocolate Chip Cookie Dough Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	90	10	6	0	35	70	20	0	14	-	3	6	2	10	0
Chocolate Chip Cookie Dough Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	140	15	10	0	55	115	31	0	23	-	5	10	2	15	2
Chocolate Chip Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	90	10	6	0	35	55	14	1	11	-	3	6	2	10	4
Chocolate Chip Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	250	140	16	10	0	55	90	23	1	18	-	5	10	2	15	4
Chocolate Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	80	9	6	0	30	75	16	1	12	-	3	6	2	10	6
Chocolate Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	240	130	14	9	0	50	125	26	2	19	-	5	10	2	15	10
Daiquiri Ice - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	70	0	0	0	0	0	0	16	0	12	-	0	0	0	0	0
Daiquiri Ice - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	100	0	0	0	0	0	0	25	0	19	-	0	0	0	0	0
Gold Medal Ribbon® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	70	8	5	0	30	90	18	0	13	-	3	6	2	10	2

Classic Flavors	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Gold Medal Ribbon® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	240	110	13	8	0	45	140	29	1	21	-	5	8	2	15	4
Icing on the Cake® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	200	100	11	6	0	25	60	22	0	18	-	3	4	2	8	0
Icing on the Cake® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	320	160	18	10	0	40	100	35	0	28	-	4	8	2	15	0
Jamoca® Almond Fudge Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	80	9	4.5	0	25	50	17	1	12	-	3	4	2	10	2
Jamoca® Almond Fudge Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	130	15	7	0	40	80	27	1	19	-	5	8	2	15	4
Jamoca® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	140	80	8	5	0	35	55	13	0	11	-	3	6	2	10	0
Jamoca® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	220	120	13	8	0	55	85	21	0	17	-	5	10	2	15	0
Made with Snickers® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	5	0	30	90	20	0	15	-	3	6	2	10	0
Made with Snickers® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	130	14	8	0	45	150	32	1	24	-	5	8	2	15	2
Mint Chocolate Chip Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	90	10	6	0	35	50	14	1	11	-	3	8	2	10	4
Mint Chocolate Chip Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	250	140	16	10	0	55	80	23	1	18	-	5	15	2	15	4
Nutty Coconut Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	110	12	6	0	30	65	15	1	10	-	4	6	2	10	2
Nutty Coconut Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	290	170	19	9	0	45	100	24	1	17	-	6	8	2	15	2
OREO® Cookies 'n Cream Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	80	9	5	0	30	85	17	0	12	-	3	6	2	10	2
OREO® Cookies 'n Cream Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	130	15	9	0	50	135	27	0	20	-	5	10	2	15	4
Old Fashioned Butter Pecan Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	100	11	6	0	35	70	13	0	10	-	3	6	2	10	0
Old Fashioned Butter Pecan Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	160	18	9	0	50	110	20	1	16	-	5	10	2	15	2
Peanut Butter 'n Chocolate Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	190	110	13	6	0	25	105	16	1	11	-	5	6	2	10	4

Classic Flavors	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Peanut Butter 'n Chocolate Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	300	180	20	9	0	45	170	25	2	17	-	7	8	2	15	8
Pistachio Almond Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	110	12	5	0	30	50	13	1	10	-	4	20	2	10	2
Pistachio Almond Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	170	19	8	0	50	80	21	1	15	-	7	30	2	20	2
Pralines 'n Cream Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	5	0	30	95	20	0	15	-	3	6	2	10	0
Pralines 'n Cream Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	130	14	8	0	45	150	31	1	24	-	4	8	2	15	2
REESE'S® Peanut Butter Cup Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	100	11	6	0	30	90	17	1	14	-	4	6	2	10	2
REESE'S® Peanut Butter Cup Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	150	17	9	0	50	140	27	1	23	-	6	8	2	15	2
Rainbow Sherbet - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	80	10	1.5	1	0	5	15	16	0	12	-	1	2	2	4	0
Rainbow Sherbet - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	130	20	2	1.5	0	10	25	26	0	20	-	1	2	2	6	0
Rocky Road Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	90	9	5	0	30	70	19	1	13	-	4	6	2	10	6
Rocky Road Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	140	15	8	0	45	110	29	2	21	-	6	8	2	15	8
Vanilla Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	90	10	6	0	40	40	13	0	11	-	3	8	2	10	0
Vanilla Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	240	140	16	10	0.5	65	65	21	0	17	-	4	10	2	15	0
Very Berry Strawberry Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	130	60	7	4	0	25	45	15	0	13	-	2	6	8	8	0
Very Berry Strawberry Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	200	90	11	7	0	40	70	24	0	20	-	4	8	15	15	2
World Class® Chocolate Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	90	10	7	0	30	60	15	1	11	-	3	6	2	10	4
World Class® Chocolate Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	140	16	11	0	45	95	25	1	18	-	5	8	2	15	4

Classic Sundaes	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
One-Scoop Sundae	1 Serving (127 grams)	360	180	20	12	0	45	110	40	2	30	-	6	8	80	15	6
Three-Scoop Sundae	1 Serving (305 grams)	790	400	45	29	1	125	250	87	2	68	-	12	25	170	40	8
Two-Scoop Sundae	1 Serving (216 grams)	570	290	33	21	1	85	180	63	2	49	-	9	15	130	30	6

Cones	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Cake Cone	1 Cone (6 grams)	25	0	0	0	0	0	10	5	0	0	-	1	0	0	0	2
Chocolate Dipped Cake Cone	1 Cone (26 grams)	140	70	7	4.5	0	0	20	17	1	9	-	1	0	0	0	6
Chocolate Dipped Sugar Cone	1 Cone (32 grams)	160	70	8	4.5	0	0	65	22	1	13	-	1	0	0	0	8
Chocolate Dipped Waffle Cone	1 Cone (77 grams)	270	100	11	5	0	10	15	40	2	22	-	3	0	8	2	6
Fancy Cake Cone with Sprinkles	1 Cone (33 grams)	170	80	9	6	0	0	20	22	1	12	-	1	0	0	0	8
Fancy Sugar Cone with Sprinkles	1 Cone (39 grams)	200	80	9	6	0	0	65	27	1	16	-	1	0	0	0	8
Fancy Waffle Cone with Almonds	1 Cone (85 grams)	320	140	16	5	0	10	15	42	2	23	-	4	0	8	4	8
Fancy Waffle Cone with Sprinkles	1 Cone (85 grams)	310	110	13	6	0	10	15	46	2	26	-	3	0	8	2	6
Fresh-Baked Waffle Cone	1 Cone (57 grams)	160	35	4	0.5	0	10	5	29	1	13	-	2	0	0	2	6
Sugar Cone	1 Cone (12 grams)	45	5	0.5	0	0	0	55	10	0	4	-	1	0	0	0	2

Cookies	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Dark Chocolate Chunk Cookie	1 Cookie (37 grams)	170	60	7	3	0	5	135	26	1	14	-	2	0	0	0	6
Double Fudge Cookie	1 Cookie (37 grams)	160	60	6	3	0	0	100	26	1	15	-	2	0	0	0	10
Peanut Butter Chocolate Cookie	1 Cookie (37 grams)	160	60	7	3	0	0	210	23	1	13	-	3	0	0	2	4
White Chunk Macadamia Nut Cookie	1 Cookie (37 grams)	180	80	9	4.5	0	0	125	24	1	14	-	2	0	0	2	4

Cups & Cones	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Vanilla Soft Serve - Kids Size	3 oz	110	40	4.5	3	0	20	75	14	0	14	-	4	8	2	15	0
Vanilla Soft Serve - Large Size	9 oz	340	120	14	9	0	55	220	43	1	41	-	12	20	6	45	2
Vanilla Soft Serve - Regular Size	6 oz	230	80	9	6	0	35	150	29	1	27	-	8	15	4	30	0

Desserts	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Brownie a la Mode	1 Slice (78 grams)	260	120	13	9	0	20	130	36	2	26	-	3	4	0	8	8
Chocolate Mint	1/8 cake (112 grams)	290	160	18	13	0	40	90	30	1	27	-	4	8	2	10	6
Double Chocolate Chip	1/16 cake (126 grams)	360	190	21	11	0	40	210	42	2	33	-	5	6	10	10	8
Double Chocolate OREO®	1/8 cake (113 grams)	300	150	17	11	0	35	140	36	1	29	-	4	6	2	10	8
OREO® Cookie	1/16 cake (122 grams)	330	170	19	13	0	40	135	35	1	30	-	4	8	2	15	4
Piece Cake	1/8 Cake (90g)	220	90	10	5	0	30	160	29	1	20	-	3	6	4	10	4

Desserts	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	% Daily Value			
														Vitamin A	Vitamin C	Calcium	Iron
Soft Serve Cookie Sandwich	1 Sandwich (91 grams)	180	45	5	3	0	15	170	29	1	17	-	5	6	2	15	2

Floats, Freezes & Ice Cream Sodas	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	% Daily Value			
														Vitamin A	Vitamin C	Calcium	Iron
Coke® Float (with Soft Serve) - Large	32 fl oz	570	140	15	10	0.5	60	310	99	1	96	-	14	25	6	50	2
Coke® Float (with Soft Serve) - Medium	24 fl oz	430	100	11	7	0	45	230	74	1	72	-	10	20	4	40	0
Coke® Float (with Soft Serve) - Small	16 fl oz	280	70	8	5	0	30	150	49	1	48	-	7	10	4	25	0
Coke® Float (with Vanilla Ice Cream) - Large	32 fl oz	800	360	40	25	1.5	155	230	103	0	94	-	11	30	6	40	0
Coke® Float (with Vanilla Ice Cream) - Medium	24 fl oz	600	270	30	19	1	120	170	77	0	70	-	8	20	4	30	0
Coke® Float (with Vanilla Ice Cream) - Small	16 fl oz	400	180	20	13	0.5	80	115	51	0	47	-	5	15	2	20	0
Energy Freeze (with Monster Energy® and Wild 'n Reckless Sherbet) - Large	32 fl oz	730	80	9	6	0	35	480	155	1	130	-	6	50	15	25	2
Energy Freeze (with Monster Energy® and Wild 'n Reckless Sherbet) - Medium	24 fl oz	550	60	7	4	0	25	360	116	1	97	-	5	40	15	15	0
Energy Freeze (with Monster Energy® and Wild 'n Reckless Sherbet) - Small	16 fl oz	370	40	4.5	3	0	20	240	78	0	65	-	3	25	8	10	0
Freeze with Rainbow Sherbet & Sprite® - Large	32 fl oz	790	80	8	5	0	35	220	176	1	151	-	6	6	20	20	15
Freeze with Rainbow Sherbet & Sprite® - Medium	24 fl oz	590	60	6	4	0	25	160	132	1	113	-	4	4	15	15	10
Freeze with Rainbow Sherbet & Sprite® - Small	16 fl oz	390	40	4	2.5	0	15	110	88	1	75	-	3	4	10	10	8

Floats, Freezes & Ice Cream Sodas	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Ice Cream Float (with Vanilla Ice Cream & Root Beer) - Large	32 fl oz	820	360	40	25	1.5	155	260	110	0	101	-	11	30	6	40	0
Ice Cream Float (with Vanilla Ice Cream & Root Beer) - Medium	24 fl oz	610	270	30	19	1	120	190	82	0	76	-	8	20	4	30	0
Ice Cream Float (with Vanilla Ice Cream & Root Beer) - Small	16 fl oz	410	180	20	13	0.5	80	130	55	0	50	-	5	15	2	20	0
Ice Cream Soda (with Vanilla Ice Cream) - Large	32 fl oz	1020	370	41	26	1.5	160	180	151	1	137	-	11	30	6	40	0
Ice Cream Soda (with Vanilla Ice Cream) - Medium	24 fl oz	770	280	31	19	1	120	140	114	1	103	-	8	25	4	30	0
Ice Cream Soda (with Vanilla Ice Cream) - Small	16 fl oz	510	190	21	13	0.5	80	95	76	0	69	-	6	15	4	20	0

Freeze	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Daiquiri Ice Freeze - Large	32 fl oz	590	0	0	0	0	0	25	147	1	117	-	0	0	2	2	0
Daiquiri Ice Freeze - Medium	24 fl oz	410	0	0	0	0	0	20	102	1	82	-	0	0	2	2	0
Daiquiri Ice Freeze - Small	16 fl oz	290	0	0	0	0	0	15	73	0	59	-	0	0	2	2	0
Rainbow Sherbet Freeze - Large	32 fl oz	690	70	8	5	0	30	115	150	1	121	-	6	6	10	25	2
Rainbow Sherbet Freeze - Medium	24 fl oz	480	45	5	3.5	0	20	75	104	1	85	-	4	4	8	15	0
Rainbow Sherbet Freeze - Small	16 fl oz	340	35	4	2.5	0	15	55	75	1	61	-	3	4	6	10	0

Fruit Blast	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Strawberry Citrus Fruit Blast - Large	32 fl oz	500	0	0	0	0	0	25	130	6	114	-	1	0	25	6	6
Strawberry Citrus Fruit Blast - Medium	24 fl oz	350	0	0	0	0	0	15	89	4	79	-	1	0	20	4	4
Strawberry Citrus Fruit Blast - Small	16 fl oz	250	0	0	0	0	0	10	65	3	57	-	1	0	15	4	4
Tropical Fruit Blast - Large	32 fl oz	540	5	0.5	0	0	0	25	136	5	129	-	3	30	410	6	4
Tropical Fruit Blast - Medium	24 fl oz	370	5	0.5	0	0	0	15	93	3	88	-	2	20	280	4	2
Tropical Fruit Blast - Small	16 fl oz	270	5	0	0	0	0	10	68	2	64	-	1	15	200	4	2
Wild Mango Fruit Blast - Large	32 fl oz	730	20	2.5	0.5	0	0	25	178	3	174	-	2	280	25	6	6
Wild Mango Fruit Blast - Medium	24 fl oz	500	15	1.5	0	0	0	15	123	2	119	-	1	190	15	4	4
Wild Mango Fruit Blast - Small	16 fl oz	360	10	1	0	0	0	10	89	2	87	-	1	140	15	2	2

Pre-Packed Ice Cream	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Chocolate Chip Cookie Dough Ice Cream Quart	1/2 cup (73 grams)	180	90	10	6	0	30	85	21	0	18	-	3	6	2	10	0
Chocolate Chip Ice Cream Quart	1/2 cup (73 grams)	170	90	10	6	0	35	60	18	0	17	-	3	6	2	10	2
Chocolate Ice Cream Quart	1/2 cup (73 grams)	170	80	9	6	0	30	80	21	1	19	-	4	6	2	10	6
Gold Medal Ribbon® Ice Cream Quart	1/2 cup (73 grams)	160	70	8	5	0	30	100	20	0	16	-	3	6	2	10	8
Jamoca® Almond Fudge Ice Cream Quart	1/2 cup (76 grams)	170	90	10	4.5	0	30	50	18	1	13	-	4	6	2	10	2
Mint Chocolate Chip Ice Cream Quart	1/2 cup (73 grams)	170	90	10	6	0	35	60	18	0	17	-	3	6	2	10	2
Mom's Makin' Cookies™ Ice Cream Quart	1/2 cup (76 grams)	200	90	10	6	0	30	100	25	0	20	-	3	6	2	10	2

Pre-Packed Ice Cream	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
OREO® 'n Cake Ice Cream Quart	1/2 cup (76 grams)	200	90	10	5	0	25	100	24	0	19	-	3	6	2	10	2
OREO® Cookies 'n Cream Ice Cream Quart	1/2 cup (73 grams)	170	90	10	6	0	30	100	19	0	15	-	3	6	2	10	2
Old Fashioned Butter Pecan Ice Cream Quart	1/2 cup (73 grams)	170	100	12	6	0	35	70	13	1	10	-	3	6	2	10	0
Peanut Butter 'n Chocolate Ice Cream Quart	1/2 cup (73 grams)	210	120	13	6	0	30	110	20	1	17	-	5	6	2	10	4
Pralines 'n Cream Ice Cream Quart	1/2 cup (76 grams)	180	90	10	5	0	30	105	21	0	16	-	3	6	0	10	0
Rainbow Sherbet Quart	1/2 cup (86 grams)	100	15	1.5	1	0	5	25	22	0	21	-	1	2	2	4	0
Rocky Road Ice Cream Quart	1/2 cup (73 grams)	170	90	10	5	0	30	75	20	1	17	-	4	6	2	10	6
Vanilla Ice Cream Quart	1/2 cup (73 grams)	170	90	10	7	0	40	45	17	0	17	-	3	8	2	10	0
Very Berry Strawberry Ice Cream Quart	1/2 cup (73 grams)	140	60	7	4.5	0	25	45	18	0	17	-	2	6	10	8	2

Premium Sundaes	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Banana Royale Sundae	1 Serving (334 grams)	680	300	33	21	1	85	180	90	5	64	-	10	20	140	30	8
Banana Split	1 Serving (501 grams)	970	350	39	20	1	120	200	146	8	103	-	14	25	45	40	15
Brownie Sundae	1 Serving (281 grams)	810	380	42	23	1	110	330	99	4	74	-	13	15	130	30	25
Chocolate Chip Cookie Dough Sundae	1 Serving (376 grams)	1100	420	47	32	1	110	610	160	2	114	-	13	20	170	40	10
Made with Snickers® Sundae	1 Serving (370 grams)	1060	390	43	25	1	100	690	155	3	119	-	15	20	90	40	20
OREO® Layered Sundae	1 Serving (329 grams)	930	400	44	28	1	100	500	124	3	88	-	13	20	170	40	20
Peanut Butter Banana Waffle Bowl Sundae	1 Serving (380 grams)	970	520	58	21	1	90	380	100	8	64	-	20	15	25	25	15

Premium Sundaes	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	% Daily Value			
														Vitamin A	Vitamin C	Calcium	Iron
Peanut Butter Brownie Waffle Bowl Sundae	1 Serving (298 grams)	1000	590	65	22	1	115	460	91	5	63	-	20	15	10	30	15
REESE'S® Peanut Butter Cup Sundae	1 Serving (354 grams)	1250	770	85	33	1	100	720	106	7	84	-	28	20	90	45	25
World Class® Chocolate Sundae Shake	1 Serving (365 grams)	780	380	43	28	1	100	280	89	3	70	-	15	20	90	45	15

Regional Flavors	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	% Daily Value			
														Vitamin A	Vitamin C	Calcium	Iron
Baseball Nut® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	80	9	4.5	0	25	75	19	0	13	-	3	6	4	8	2
Baseball Nut® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	130	14	8	0	45	120	29	1	20	-	5	8	8	15	2
Black Walnut Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	100	11	5	0	30	60	12	1	10	-	4	6	2	10	2
Black Walnut Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	160	18	8	0	50	95	20	1	15	-	6	10	2	15	2
Chocolate Almond Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	100	11	5	0	30	70	16	2	11	-	4	6	2	10	6
Chocolate Almond Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	100	11	5	0	30	70	16	2	11	-	4	6	2	10	6
Chocolate Almond Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	160	18	8	0	45	115	25	3	18	-	7	8	2	20	10
Chocolate Almond Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	160	18	8	0	45	115	25	3	18	-	7	8	2	20	10
Chocolate Mousse Royale Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	100	11	8	0	25	65	18	1	13	-	3	4	0	8	8
Chocolate Mousse Royale Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	160	17	12	0	40	100	28	2	21	-	5	8	2	15	10
Cotton Candy Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	70	7	4.5	0	30	55	18	0	11	-	3	6	2	10	0
Cotton Candy Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	230	110	12	7	0	45	85	28	0	18	-	4	8	4	15	0

Regional Flavors	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Creole Cream Cheese Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	80	8	5	0	35	55	15	0	11	-	3	6	2	10	0
Creole Cream Cheese Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	230	120	13	8	0	55	90	23	0	18	-	4	10	2	15	0
Green Tea Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	140	80	9	5	0	35	55	13	1	10	-	3	15	8	10	0
Green Tea Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	230	120	14	9	0	55	85	21	1	16	-	5	20	10	20	0
Lemon Custard Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	70	8	5	0	45	60	16	0	13	-	4	50	2	10	0
Lemon Custard Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	240	120	13	8	0	70	100	26	0	21	-	7	80	2	15	0
Macadamia Nuts 'n Cream Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	100	11	6	0	35	60	13	0	10	-	3	6	2	10	0
Macadamia Nuts 'n Cream Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	160	18	9	0	55	90	20	1	16	-	5	10	2	15	2
Mississippi Mud Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	80	9	6	0	30	95	19	1	14	-	3	6	0	8	6
Mississippi Mud Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	130	14	9	0	45	150	31	2	22	-	5	8	2	10	10
Nilla® Chai Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	70	8	4.5	0	25	75	21	0	15	-	3	6	2	8	2
Nilla® Chai Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	120	13	7	0	45	115	33	1	25	-	4	8	2	15	4
Rum Raisin Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	60	7	4.5	0	30	60	18	0	16	-	3	6	2	10	0
Rum Raisin Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	240	100	11	7	0	45	90	29	1	25	-	4	8	2	15	2
Wild 'n Reckless Sherbet - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	80	10	1.5	1	0	5	15	16	0	12	-	1	8	2	4	0
Wild 'n Reckless Sherbet - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	130	20	2	1.5	0	10	25	25	0	19	-	2	15	4	6	0

Seasonal Flavors	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
America's Birthday Cake® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	6	0	35	60	19	0	14	-	3	6	2	10	0
America's Birthday Cake® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	130	15	10	0	50	100	30	0	22	-	4	10	4	15	0
Bananas 'n Strawberries Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	140	60	7	4	0	25	45	18	1	13	-	2	6	8	8	2
Bananas 'n Strawberries Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	220	90	10	7	0	40	75	28	1	21	-	4	8	10	15	2
Blackberry Hibiscus - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	120	35	4	2.5	0	15	25	19	0	14	-	1	2	0	6	0
Blackberry Hibiscus - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	180	60	6	4	0	25	40	30	0	23	-	2	4	2	8	0
Blueberry Cheesecake - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	70	8	5	0	35	75	17	0	14	-	3	6	2	8	0
Blueberry Cheesecake - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	240	120	13	8	0	55	115	27	0	22	-	4	8	2	15	0
Caramel Macchiato Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	6	0	30	80	18	1	15	-	3	6	2	10	4
Caramel Macchiato Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	130	15	10	0	45	125	29	1	24	-	5	8	2	15	6
Chocolate Fudge Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	90	9	6	0	30	85	17	1	12	-	3	6	0	8	8
Chocolate Fudge Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	240	140	15	9	0	50	135	27	2	19	-	4	10	2	10	10
French Vanilla Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	100	12	7	0	80	40	13	0	11	-	3	8	2	10	0
French Vanilla Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	160	18	11	0.5	125	65	20	0	17	-	5	15	2	15	2
Honey Almond Greek Frozen Yogurt - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	140	15	5	0	25	90	25	1	21	-	8	4	2	25	2
Honey Almond Greek Frozen Yogurt- 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	90	10	3	0	15	55	16	1	13	-	5	2	0	15	2
Horchata Ice - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	80	15	1.5	1.5	0	0	0	15	0	11	-	0	0	0	0	0
Horchata Ice - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	120	20	2.5	2.5	0	0	0	24	0	18	-	0	0	0	0	0

Seasonal Flavors	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Love Potion #31® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	6	0	25	45	19	1	16	-	3	6	4	8	2
Love Potion #31® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	130	14	10	0	40	70	30	1	25	-	4	8	6	15	4
Miami Vice Sorbet - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	60	0	0	0	0	0	0	16	0	12	-	0	15	2	0	0
Miami Vice Sorbet - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	100	0	0	0	0	0	0	25	0	19	-	0	20	2	0	0
Mom's Makin' Cookies™ Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	190	80	9	6	0	30	100	24	0	18	-	2	6	0	8	2
Mom's Makin' Cookies™ Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	300	130	15	9	0	50	160	38	0	29	-	4	10	2	15	2
New York Cheesecake Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	90	10	6	0	30	70	17	0	11	-	3	6	2	10	2
New York Cheesecake Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	140	15	10	0	50	110	26	1	18	-	5	10	2	15	2
No Sugar Added Peanut Buttery Bar Blast Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	70	8	4	0	15	95	22	2	4	11	4	4	2	10	2
No Sugar Added Peanut Buttery Bar Blast Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	240	120	13	7	0	20	150	35	4	6	17	6	8	2	15	4
No Sugar Added, Reduced Fat Key Lime Pie Ice Cream - 2.5 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 10 grams Fat per 2.5 oz Scoop.	1 - 2.5 oz Scoop (71 grams)	150	60	7	3.5	0	15	85	23	2	4	13	3	25	2	10	0
No Sugar Added, Reduced Fat Key Lime Pie Ice Cream - 4 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 15 grams Fat per 4 oz Scoop.	1 - 4 oz Scoop (113 grams)	230	100	11	5	0	20	135	37	3	6	21	4	35	2	15	2
OREO® 'n Cake - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	90	9	4.5	0	25	90	22	0	17	-	3	4	2	8	2

Seasonal Flavors	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
OREO® 'n Cake - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	290	140	15	8	0	40	140	35	1	27	-	4	8	2	15	4
OREO® 'n Chocolate Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	200	100	12	5	0	25	95	21	1	15	-	3	4	2	10	8
OREO® 'n Chocolate Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	310	170	18	9	0	40	150	33	2	24	-	5	8	2	15	15
Pink Bubblegum Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	70	8	5	0	30	50	19	0	17	-	3	6	4	10	0
Pink Bubblegum Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	250	110	12	8	0	50	75	30	0	26	-	4	10	4	15	0
Raspberry Sorbet - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	70	0	0	0	0	0	0	16	0	12	-	0	0	8	0	2
Raspberry Sorbet - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	100	0	0	0	0	0	5	25	1	19	-	0	0	15	0	2
Salty Caramel Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	70	8	5	0	30	80	17	0	15	-	3	6	2	10	0
Salty Caramel Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	250	120	13	8	0	50	125	28	0	23	-	5	10	2	15	0
Strawberry Cheesecake Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	80	8	5	0	35	75	18	0	14	-	3	6	4	8	0
Strawberry Cheesecake Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	250	120	13	8	0	55	115	28	0	22	-	4	10	6	15	2
Watermelon Spash - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	70	0	0	0	0	0	0	17	0	13	-	0	0	0	0	0
Watermelon Spash - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	120	5	0.5	0	0	0	0	27	0	20	-	0	0	0	0	0

Shakes	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Chocolate Chip Cookie Dough Milkshake - Large	32 fl oz	1520	640	71	47	2.5	250	580	190	2	154	-	28	50	8	90	6
Chocolate Chip Cookie Dough Milkshake - Medium	24 fl oz	1140	480	54	35	1.5	185	440	142	2	115	-	21	35	6	70	4

Shakes	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	% Daily Value			
														Vitamin A	Vitamin C	Calcium	Iron
Chocolate Chip Cookie Dough Milkshake - Small	16 fl oz	760	320	36	23	1	125	290	95	1	77	-	14	25	4	45	2
Chocolate Chip Milkshake - Large	32 fl oz	1380	650	72	45	2	245	470	157	4	134	-	29	50	10	100	20
Chocolate Chip Milkshake - Medium	24 fl oz	1030	490	54	34	1.5	185	350	117	3	101	-	22	40	6	80	15
Chocolate Chip Milkshake - Small	16 fl oz	690	330	36	22	1	125	230	78	2	67	-	15	25	4	50	10
Extra Thick Shake - Chocolate - Large	24 fl oz	890	220	25	16	1	95	410	146	4	106	-	23	40	10	80	4
Extra Thick Shake - Chocolate - Medium	16 fl oz	620	160	18	11	0.5	65	290	100	3	74	-	16	30	6	60	4
Extra Thick Shake - Chocolate - Small	12 fl oz	520	140	15	10	0	60	250	82	2	62	-	14	25	6	50	2
Extra Thick Shake - Jamoca® - Large	24 fl oz	670	220	24	16	0.5	95	390	98	2	88	-	22	35	10	80	2
Extra Thick Shake - Jamoca® - Medium	16 fl oz	470	150	17	11	0.5	70	280	68	1	62	-	16	25	6	60	2
Extra Thick Shake - Jamoca® - Small	12 fl oz	410	140	15	10	0	60	240	58	1	53	-	14	25	6	50	2
Extra Thick Shake - Strawberry - Large	24 fl oz	750	180	20	13	0.5	80	330	128	5	116	-	19	30	20	70	6
Extra Thick Shake - Strawberry - Medium	16 fl oz	540	140	15	10	0.5	60	250	89	3	81	-	14	25	15	50	4
Extra Thick Shake - Strawberry - Small	12 fl oz	430	110	12	8	0	50	200	71	3	65	-	11	20	10	40	2
Gold Medal Ribbon® Milkshake - Large	32 fl oz	1370	540	60	37	2	220	700	182	3	146	-	28	45	8	100	15
Gold Medal Ribbon® Milkshake - Medium	24 fl oz	1030	410	45	28	1.5	165	520	136	2	110	-	21	35	6	70	10
Gold Medal Ribbon® Milkshake - Small	16 fl oz	680	270	30	19	1	110	350	91	1	73	-	14	25	4	50	6
Mint Chocolate Chip Milkshake - Large	32 fl oz	1380	650	73	45	2	245	460	156	4	134	-	29	50	10	100	20
Mint Chocolate Chip Milkshake - Medium	24 fl oz	1030	490	55	34	1.5	185	350	117	3	101	-	22	40	6	80	15

Shakes	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	% Daily Value			
														Vitamin A	Vitamin C	Calcium	Iron
Mint Chocolate Chip Milkshake - Small	16 fl oz	690	330	36	23	1	125	230	78	2	67	-	15	25	4	50	10
Oreo® Cookies 'n Cream Milkshake - Large	32 fl oz	1440	630	70	40	2	230	660	175	2	141	-	29	45	8	100	15
Oreo® Cookies 'n Cream Milkshake - Medium	24 fl oz	1080	470	52	30	1.5	170	490	131	2	106	-	21	35	6	70	10
Oreo® Cookies 'n Cream Milkshake - Small	16 fl oz	720	310	35	20	1	115	330	87	1	70	-	14	25	4	50	8
Peanut Butter 'n Chocolate Milkshake - Large	32 fl oz	1590	820	91	43	2	205	810	164	9	131	-	40	45	8	90	30
Peanut Butter 'n Chocolate Milkshake - Medium	24 fl oz	1190	620	69	32	1.5	155	610	123	7	98	-	30	30	6	70	25
Peanut Butter 'n Chocolate Milkshake - Small	16 fl oz	790	410	46	22	1	100	410	82	4	65	-	20	20	4	45	15
Vanilla Milkshake - Large	32 fl oz	1370	660	74	46	2.5	280	400	147	1	130	-	27	60	8	100	2
Vanilla Milkshake - Medium	24 fl oz	1020	500	55	34	2	210	300	111	1	98	-	20	45	6	70	2
Vanilla Milkshake - Small	16 fl oz	680	330	37	23	1.5	140	200	74	0	65	-	13	30	4	50	2
Very Berry Strawberry Milkshake - Large	32 fl oz	1210	470	52	32	2	200	400	159	2	142	-	24	45	50	90	6
Very Berry Strawberry Milkshake - Medium	24 fl oz	910	350	39	24	1.5	150	300	119	2	106	-	18	30	40	70	6
Very Berry Strawberry Milkshake - Small	16 fl oz	600	240	26	16	1	100	200	79	1	71	-	12	20	25	45	4
World Class® Chocolate Milkshake - Large	32 fl oz	1420	660	74	49	2	215	520	163	4	134	-	30	45	8	100	20
World Class® Chocolate Milkshake - Medium	24 fl oz	1070	500	55	37	1.5	160	390	122	3	101	-	23	35	6	70	15
World Class® Chocolate Milkshake - Small	16 fl oz	710	330	37	25	1	110	260	82	2	67	-	15	20	4	50	10
World Class® Chocolate Sundae Shake	1 Serving (365 grams)	780	380	43	28	1	100	280	89	3	70	-	15	20	90	45	15

Smoothies	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Mango Banana Smoothie - Large	32 fl oz	870	25	3	0.5	0	5	140	208	6	184	-	9	250	40	30	4
Mango Banana Smoothie - Medium	24 fl oz	620	20	2	0	0	5	110	149	5	127	-	8	160	35	25	4
Mango Banana Smoothie - Small	16 fl oz	440	15	1.5	0	0	0	70	104	3	92	-	5	120	20	15	2
Strawberry Banana Smoothie - Large	32 fl oz	710	10	1.5	0.5	0	5	140	173	9	139	-	9	2	45	30	8
Strawberry Banana Smoothie - Medium	24 fl oz	520	10	1	0	0	5	110	126	7	98	-	8	2	35	25	6
Strawberry Banana Smoothie - Small	16 fl oz	350	5	0.5	0	0	0	70	86	4	69	-	5	0	20	15	4
Tropical Banana Smoothie - Large	32 fl oz	780	15	1.5	0.5	0	5	140	187	8	160	-	10	30	400	30	6
Tropical Banana Smoothie - Medium	24 fl oz	540	10	1.5	0.5	0	5	110	130	6	107	-	8	20	250	25	4
Tropical Banana Smoothie - Small	16 fl oz	370	5	1	0	0	0	70	89	4	76	-	5	15	190	15	2

Soft Serve Parfaits	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Made with M&M's® Soft Serve Parfait - Mini	1 Serving (203 grams)	400	140	15	11	0	35	210	56	2	49	-	9	15	90	35	4
Made with M&M's® Soft Serve Parfait - Regular	1 Serving (372 grams)	820	290	32	23	0.5	60	380	119	4	102	-	17	25	170	60	10
Made with Snickers® Soft Serve Parfait - Mini	1 Serving (206 grams)	370	110	12	7	0	35	290	58	1	49	-	9	15	4	30	2
Made with Snickers® Soft Serve Parfait - Regular	1 Serving (368 grams)	730	210	24	13	0.5	65	560	114	2	96	-	16	25	6	50	2
OREO® Soft Serve Parfait - Mini	1 Serving (199 grams)	370	130	15	10	0	35	230	53	1	44	-	9	15	90	30	6
OREO® Soft Serve Parfait - Regular	1 Serving (350 grams)	710	250	28	19	0.5	55	440	104	3	83	-	16	20	170	50	15

Soft Serve Parfaits	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
REESE'S® Soft Serve Parfait - Mini	1 Serving (196 grams)	460	260	29	9	0	35	300	38	3	33	-	14	15	4	30	8
REESE'S® Soft Serve Parfait - Regular	1 Serving (352 grams)	920	540	60	19	0	55	620	75	6	64	-	28	20	6	50	15
Strawberry 'n Almonds Soft Serve Parfait - Mini	1 Serving (199 grams)	290	110	12	6	0	35	140	38	2	34	-	9	15	30	30	2
Strawberry 'n Almonds Soft Serve Parfait - Regular	1 Serving (354 grams)	580	250	28	10	0	55	240	68	5	60	-	18	20	60	50	8

Warm Desserts	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb. (g)	Dietary Fiber (g)	Sugar (g)	Sugar Alcohol (g)	Protein (g)	Vitamin A	% Daily Value		
															Vitamin C	Calcium	Iron
Warm Brownie Sundae	1 Serving (281 grams)	810	380	42	23	1	110	330	99	4	74	-	13	15	130	30	25
Warm Cookie Ice Cream Sandwich - Double Scoop	1 Sandwich (268 grams)	880	380	43	25	1	95	500	114	2	69	-	12	15	2	20	15
Warm Cookie Ice Cream Sandwich - Single Scoop	1 Sandwich (152 grams)	520	220	25	14	0.5	50	320	70	1	42	-	7	8	2	10	10
Warm Cookie Sundae - Double Scoop	1 Serving (340 grams)	1160	540	60	31	1	105	580	144	5	92	-	18	15	130	35	25
Warm Cookie Sundae - Single Scoop	1 Serving (201 grams)	690	300	33	19	0.5	60	380	92	3	58	-	10	10	80	20	15

Allergy sufferers should always read the product ingredient statement and allergen information available at www.Baskinrobbins.com Please note that our restaurants prepare and serve products that contain allergens other than the products you select.

Baskin Robbins has made a reasonable effort to provide nutritional and ingredient information based upon standard product formulations and following the FDA guidelines using formulation and nutrition labeling software. Variations may occur due to: seasonal conditions; regional differences; ingredient substitutions and differences in product assembly or size at the restaurant. Test products, limited time offers and regional menu variations may not be included and not all items listed may be available in all restaurants. The information on these printed materials may vary from that which may be available in our restaurants. We will update www.Baskinrobbins.com frequently, so please revisit this site for the most current information. Any customers with further questions regarding specific dietary concerns are advised to visit www.Baskinrobbins.com or call our customer care line at 800-859-5339.