



## Nutrition Guide

Printed on 2012-04-05. Information can change frequently, so check [www.baskinrobbins.com/Nutrition/](http://www.baskinrobbins.com/Nutrition/) for the most current information.

Before placing your order, please inform your server if anyone in your party has a food allergy.

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron

### Beverages

#### Cappuccino Blast®

Cappuccino Blast® (made with Soft Serve) - Large	32 fl oz	520	140	15	10	0	60	220	86	1	74	13	15	4	45	2
Cappuccino Blast® (made with Soft Serve) - Medium	24 fl oz	410	110	12	8	0	50	170	66	1	57	10	15	4	35	2
Cappuccino Blast® (made with Soft Serve) - Mini	12 fl oz	190	50	6	4.5	0	25	75	30	0	26	4	6	2	15	2
Cappuccino Blast® (made with Soft Serve) - Small	16 fl oz	270	70	8	6	0	35	110	44	1	38	6	8	2	20	2
Cappuccino Blast® Caramel - Large	32 fl oz	970	260	29	19	1	110	620	165	1	135	13	25	4	45	0
Cappuccino Blast® Caramel - Medium	24 fl oz	730	210	23	15	0.5	90	460	123	0	101	10	20	2	35	0
Cappuccino Blast® Caramel - Mini	12 fl oz	400	110	12	8	0	45	260	68	0	55	5	8	2	20	0
Cappuccino Blast® Caramel - Small	16 fl oz	470	140	15	10	0	60	280	77	0	64	6	10	2	25	0
Cappuccino Blast® Mocha - Large	32 fl oz	770	230	25	16	1	100	180	127	2	94	11	20	4	40	4
Cappuccino Blast® Mocha - Medium	24 fl oz	500	180	20	13	0.5	80	140	97	2	72	9	15	2	30	4
Cappuccino Blast® Mocha - Mini	12 fl oz	280	90	10	7	0	40	65	43	1	33	4	8	2	15	2
Cappuccino Blast® Mocha - Small	16 fl oz	400	120	13	9	0	50	90	65	1	48	6	10	2	20	2
Cappuccino Blast® Original - Large	32 fl oz	640	230	25	16	1	100	180	94	0	83	11	20	4	45	2
Cappuccino Blast® Original - Medium	24 fl oz	500	180	20	13	0.5	80	140	73	0	64	9	15	2	35	2

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Cappuccino Blast® Original - Mini	12 fl oz	230	90	10	7	0	40	65	33	0	29	4	8	2	15	2
Cappuccino Blast® Original - Small	16 fl oz	330	120	13	9	0	55	90	48	0	42	6	10	2	20	2
Cappuccino Blast® Turtle - Large	32 fl oz	970	230	26	15	0.5	85	610	174	2	134	12	20	4	45	15
Cappuccino Blast® Turtle - Medium	24 fl oz	780	190	21	12	0.5	70	480	141	2	107	10	15	2	35	10
Cappuccino Blast® Turtle - Mini	12 fl oz	380	90	10	6	0	35	220	68	1	52	5	8	2	15	6
Cappuccino Blast® Turtle - Small	16 fl oz	510	130	14	8	0	45	320	91	1	70	6	10	2	20	8
Iced Cappy Mocha - Large	32 fl oz	610	90	10	6	0	35	240	117	2	86	16	20	2	60	2
Iced Cappy Mocha - Medium	24 fl oz	460	60	7	4.5	0	30	180	88	1	65	12	15	2	45	2
Iced Cappy Mocha - Mini	12 fl oz	200	30	3.5	2	0	15	90	38	0	29	6	6	0	20	0
Iced Cappy Mocha - Small	16 fl oz	300	45	5	3	0	20	120	58	1	43	8	10	0	30	2
Iced Cappy Original - Large	32 fl oz	430	80	9	6	0	40	230	70	0	63	16	20	2	60	0
Iced Cappy Original - Medium	24 fl oz	320	60	7	4.5	0	30	180	53	0	47	12	15	2	45	0
Iced Cappy Original - Mini	12 fl oz	160	30	3.5	2.5	0	15	90	26	0	24	6	6	0	20	0
Iced Cappy Original - Small	16 fl oz	210	40	4.5	3	0	20	115	35	0	31	8	10	0	30	0
OREO® 'n Cookies Cappuccino Blast® - Large	32 fl oz	950	320	36	18	1	85	590	146	3	110	15	20	4	45	25
OREO® 'n Cookies Cappuccino Blast® - Medium	24 fl oz	740	250	28	14	0.5	65	450	112	2	85	11	15	2	35	20
OREO® 'n Cookies Cappuccino Blast® - Mini	12 fl oz	320	120	13	7	0	35	180	48	1	37	5	6	2	15	8
OREO® 'n Cookies Cappuccino Blast® - Small	16 fl oz	490	170	19	10	0	45	300	75	1	56	7	10	2	25	10
<b>Floats, Freezes &amp; Ice Cream Sodas</b>																
Freeze (with Orange Sherbet) - Large	1 Serving (926 grams)	740	70	8	5	0	30	240	164	1	162	5	6	15	20	2
Freeze (with Orange Sherbet) - Medium	1 Serving (652 grams)	510	45	5	3.5	0	20	160	112	1	111	3	4	10	15	2
Freeze (with Orange Sherbet) - Small	1 Serving (463 grams)	370	35	4	2.5	0	15	120	82	0	81	3	4	8	10	0
Ice Cream Float (with Vanilla Ice Cream & Root Beer) - Large	1 Serving (961 grams)	940	360	40	25	1.5	155	260	138	0	137	11	30	4	40	4

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Ice Cream Float (with Vanilla Ice Cream & Root Beer) - Medium	1 Serving (675 grams)	680	270	30	19	1	120	190	99	0	98	8	20	4	30	2
Ice Cream Float (with Vanilla Ice Cream & Root Beer) - Small	1 Serving (481 grams)	470	180	20	13	0.5	80	130	69	0	68	6	15	2	20	2
Ice Cream Soda (with Vanilla Ice Cream) - Large	1 Serving (811 grams)	960	360	40	25	1.5	155	260	138	0	136	11	30	4	40	2
Ice Cream Soda (with Vanilla Ice Cream) - Medium	1 Serving (594 grams)	720	270	30	19	1	120	190	103	0	102	8	20	4	30	2
Ice Cream Soda (with Vanilla Ice Cream) - Small	1 Serving (406 grams)	480	180	20	13	0.5	80	130	69	0	68	6	15	2	20	0

### Fruit Blast

Peach Passion Fruit Blast - Large	32 fl oz	540	10	1	0	0	0	20	137	4	131	3	35	80	4	4
Peach Passion Fruit Blast - Medium	24 fl oz	370	0	0.5	0	0	0	15	94	3	90	2	25	50	2	4
Peach Passion Fruit Blast - Mini	12 fl oz	190	0	0	0	0	0	5	47	1	45	1	10	25	2	2
Peach Passion Fruit Blast - Small	16 fl oz	270	0	0	0	0	0	10	68	2	66	1	15	40	2	2
Strawberry Citrus Fruit Blast - Large	32 fl oz	500	0	0	0	0	0	20	126	2	122	1	2	35	6	30
Strawberry Citrus Fruit Blast - Medium	24 fl oz	350	0	0	0	0	0	10	87	1	84	1	2	25	4	20
Strawberry Citrus Fruit Blast - Mini	12 fl oz	170	0	0	0	0	0	5	43	1	42	0	0	10	2	10
Strawberry Citrus Fruit Blast - Small	16 fl oz	250	0	0	0	0	0	10	63	1	61	1	0	15	4	15
Wild Mango Fruit Blast - Large	32 fl oz	730	25	2.5	0.5	0	0	25	178	3	174	2	280	25	6	6
Wild Mango Fruit Blast - Medium	24 fl oz	500	15	1.5	0	0	0	15	123	2	119	1	190	15	4	4
Wild Mango Fruit Blast - Mini	12 fl oz	250	10	1	0	0	0	10	61	1	60	1	100	8	2	2
Wild Mango Fruit Blast - Small	16 fl oz	360	10	1	0	0	0	10	89	2	87	1	140	15	2	2

### Shakes

Chocolate Chip Cookie Dough Shake - Large	32 fl oz	1600	650	72	46	2	240	740	209	2	181	30	50	10	100	6
Chocolate Chip Cookie Dough Shake - Medium	24 fl oz	980	380	42	27	1	140	450	131	1	114	19	30	6	70	2
Chocolate Chip Cookie Dough Shake - Mini	12 fl oz	570	240	27	17	1	90	280	72	1	62	11	20	4	40	2
Chocolate Chip Cookie Dough Shake - Small	16 fl oz	710	280	31	20	1	105	330	94	1	82	14	20	4	45	2

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Chocolate Chip Shake - Large	32 fl oz	1450	670	74	47	2.5	260	540	172	4	160	32	60	10	110	15
Chocolate Chip Shake - Medium	24 fl oz	890	400	44	28	1.5	150	330	110	2	103	20	35	6	70	8
Chocolate Chip Shake - Mini	12 fl oz	520	250	28	18	1	95	200	58	1	54	12	20	4	40	6
Chocolate Chip Shake - Small	16 fl oz	650	290	32	20	1	115	240	78	2	73	14	25	4	50	6
Chocolate Shake (with Chocolate Ice Cream) - Large	32 fl oz	1530	610	68	43	2	240	710	209	10	159	35	50	10	110	40
Chocolate Shake (with Chocolate Ice Cream) - Medium	24 fl oz	930	360	40	25	1.5	140	440	129	6	97	22	35	6	70	25
Chocolate Shake (with Chocolate Ice Cream) - Small	16 fl oz	690	270	30	19	1	105	320	96	4	72	16	25	4	50	15
Chocolate Shake (with Chocolate ice cream) - Mini	12 fl oz	560	230	26	16	1	90	270	75	4	58	13	20	4	40	15
Mint Chocolate Chip Shake - Large	32 fl oz	1460	680	75	47	2.5	260	540	171	4	160	32	60	10	110	15
Mint Chocolate Chip Shake - Medium	24 fl oz	890	400	44	28	1.5	150	330	109	2	102	20	35	6	70	8
Mint Chocolate Chip Shake - Mini	12 fl oz	520	250	28	18	1	95	200	58	1	54	12	20	4	40	6
Mint Chocolate Chip Shake - Small	16 fl oz	650	300	33	21	1	115	240	78	2	73	14	25	4	50	6
Strawberry Shake (with Very Berry Strawberry Ice Cream) - Large	32 fl oz	1260	470	52	33	2	210	460	171	2	166	27	45	70	100	8
Strawberry Shake (with Very Berry Strawberry Ice Cream) - Medium	24 fl oz	780	280	31	20	1	125	290	109	1	106	17	30	40	60	4
Strawberry Shake (with Very Berry Strawberry Ice Cream) - Small	16 fl oz	570	210	23	14	1	90	210	78	1	75	12	20	30	45	4
Strawberry Shake (with Very Berry Strawberry ice cream) - Mini	12 fl oz	450	180	20	12	0.5	80	180	58	1	56	10	20	25	35	2
Vanilla Shake - Large	32 fl oz	1440	680	76	48	2.5	300	460	160	1	154	29	60	10	110	2
Vanilla Shake - Medium	24 fl oz	880	410	45	28	1.5	175	290	103	0	99	19	40	6	70	2
Vanilla Shake - Mini	12 fl oz	510	250	28	18	1	110	180	54	0	52	11	25	4	40	0
Vanilla Shake - Small	16 fl oz	640	300	33	21	1	130	210	73	0	70	13	30	4	50	0
<b>Smoothies</b>																
Mango Banana Smoothie - Large	32 fl oz	880	25	3	0.5	0	0	150	211	6	192	10	250	40	30	4
Mango Banana Smoothie - Medium	24 fl oz	630	20	2	0	0	0	120	150	5	134	8	160	35	25	4

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Mango Banana Smoothie - Mini	12 fl oz	320	10	1	0	0	0	50	76	3	68	4	80	15	10	2
Mango Banana Smoothie - Small	16 fl oz	440	15	1.5	0	0	0	75	105	3	96	5	120	20	15	2
Peach Passion Banana Smoothie - Large	32 fl oz	750	15	1.5	0.5	0	0	140	181	7	162	11	30	90	30	6
Peach Passion Banana Smoothie - Medium	24 fl oz	540	15	1.5	0	0	0	115	132	6	114	9	20	60	20	4
Peach Passion Banana Smoothie - Mini	12 fl oz	260	0	0.5	0	0	0	50	64	3	56	4	10	30	10	2
Peach Passion Banana Smoothie - Small	16 fl oz	370	10	1	0	0	0	70	91	4	81	5	15	45	15	4
Strawberry Banana Smoothie - Large	32 fl oz	710	10	1	0.5	0	5	140	172	5	154	10	2	50	30	30
Strawberry Banana Smoothie - Medium	24 fl oz	520	10	1	0	0	5	115	126	5	109	8	2	40	25	20
Strawberry Banana Smoothie - Mini	12 fl oz	250	0	0	0	0	0	50	61	2	53	4	2	20	10	10
Strawberry Banana Smoothie - Small	16 fl oz	360	0	0.5	0	0	0	70	86	3	77	5	2	25	15	15

## Grab-N-Go

### Desserts

Brownie a la Mode	1 Slice (78 grams)	260	120	13	9	0	20	130	36	2	26	3	4	0	8	8
Cake Bites - Chocolate Mint	1 Cake Bite (85 grams)	330	180	20	13	0	15	180	33	2	25	4	4	0	8	15
Cake Bites - Double Chocolate	1 Cake Bite (86 grams)	310	160	18	11	0	15	190	35	2	27	4	2	10	6	15
Cake Bites - Praline Caramel	1 Cake Bite (89 grams)	360	200	22	15	0	20	160	39	0	32	3	2	0	8	2
Cake Bites - Vanilla Blondie	1 Cake Bite (88 grams)	350	200	22	17	0	20	135	35	0	28	3	4	10	10	2
Cake Bites – Chocolate Dipped Strawberry	1 Cake Bite (83 grams)	290	150	17	10	0	15	170	32	2	25	4	2	6	6	15
Cake Bites – Love Potion #31	1 Cake Bite (81 grams)	300	160	18	11	0	15	170	32	2	24	4	2	2	6	15
Chocolate Dipped Strawberry	1/8 cake (105 grams)	260	120	13	8	0	30	125	33	1	28	3	4	10	8	4
Chocolate Mint	1/8 cake (112 grams)	290	160	18	13	0	40	90	30	1	27	4	8	2	10	6
Double Chocolate Chip	1/16 cake (126 grams)	360	190	21	11	0	40	210	42	2	33	5	6	10	10	8
Double Chocolate OREO®	1/8 cake (113 grams)	300	150	17	11	0	35	140	36	1	29	4	6	2	10	8

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Mini Cone - Chocolate Chip Ice Cream	1 Cone (26g)	60	30	3.5	2	0	10	20	8	0	6	1	2	0	4	2
Mini Cone - Gold Medal Ribbon Ice Cream	1 Cone (26g)	60	25	3	1.5	0	10	35	9	0	6	1	2	0	4	4
Mini Cone - Rainbow Sherbet	1 Cone (26g)	40	0	0	0	0	0	10	9	0	7	0	0	0	2	0
Mini Cone - Vanilla Ice Cream	1 Cone (26g)	60	30	3.5	2	0	15	20	7	0	6	1	2	0	4	0
Mini Cone - Very Berry Strawberry Ice Cream	1 Cone (26g)	50	25	2.5	1.5	0	10	20	7	0	6	1	2	4	4	0
OREO® Cookie	1/16 cake (122 grams)	330	170	19	13	0	40	135	35	1	30	4	8	2	15	4
Soft Serve Cookie Sandwich	1 Sandwich (91 grams)	190	45	5	3	0	15	170	32	1	21	5	6	2	15	2
Soft Serve Cookie Sandwich with Sprinkles	1 Sandwich (118 grams)	330	120	13	9	0	15	180	49	1	32	5	6	2	15	6
Strawberry 'n Cream Ice Cream Cake	1/8 cake (78 grams)	220	120	13	9	0	20	40	25	0	24	2	4	4	6	0

#### Pre-Packed Ice Cream

Chocolate Chip Cookie Dough Ice Cream Quart	1/2 cup (73 grams)	200	90	10	6	0	30	85	23	0	20	3	6	2	10	0
Chocolate Chip Ice Cream Quart	1/2 cup (73 grams)	170	90	10	6	0	35	55	18	0	17	3	6	2	10	2
Chocolate Ice Cream Quart	1/2 cup (73 grams)	170	80	9	6	0	30	85	21	1	20	3	6	2	10	4
Gold Medal Ribbon® Ice Cream Quart	1/2 cup (73 grams)	170	70	8	5	0	30	105	22	0	19	3	6	2	10	2
Jamoca® Almond Fudge Ice Cream Quart	1/2 cup (76 grams)	180	90	10	5	0	30	55	21	1	19	4	6	2	10	2
Mint Chocolate Chip Ice Cream Quart	1/2 cup (73 grams)	170	90	10	6	0	35	55	18	0	17	3	6	2	10	2
OREO® Cookies 'n Cream Ice Cream Quart	1/2 cup (73 grams)	180	90	10	6	0	30	100	21	0	18	3	6	2	10	2
Old Fashioned Butter Pecan Ice Cream Quart	1/2 cup (73 grams)	180	110	12	6	0	35	70	16	1	15	3	6	2	10	0
Peanut Butter 'n Chocolate Ice Cream Quart	1/2 cup (73 grams)	200	120	13	6	0	30	115	20	1	18	5	6	0	10	4
Pralines 'n Cream Ice Cream Quart	1/2 cup (76 grams)	190	80	9	5	0	30	125	24	0	21	3	6	0	10	0
Rainbow Sherbet Quart	1/2 cup (85 grams)	120	15	1.5	1	0	5	30	26	0	25	1	2	2	4	0
Rocky Road Ice Cream Quart	1/2 cup (73 grams)	190	90	10	5	0	30	85	23	1	21	4	6	0	8	40
Vanilla Ice Cream Quart	1/2 cup (73 grams)	170	90	10	7	0	40	45	17	0	17	3	8	2	10	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Very Berry Strawberry Ice Cream Quart	1/2 cup (73 grams)	140	60	7	4.5	0	25	45	18	0	18	2	6	15	8	0

## Ice Cream

### BRight Choices®

Chocolate Éclair Frozen Yogurt - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	45	5	3	0	15	65	26	0	22	3	4	2	8	2
Chocolate Éclair Frozen Yogurt - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	250	70	8	5	0	20	105	41	1	35	4	6	2	15	2
Fat-Free Vanilla Frozen Yogurt - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	90	0	0	0	0	0	65	20	0	19	4	0	2	10	0
Fat-Free Vanilla Frozen Yogurt - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	150	0	0	0	0	5	105	32	0	31	6	0	2	20	0
Lemon Sorbet - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	80	0	0	0	0	0	10	21	0	20	0	0	500	0	0
Lemon Sorbet - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	130	0	0	0	0	0	15	33	0	33	0	0	670	0	0
Premium Churned Light Amaretto Cherry Swirl Ice Cream - 2.5 oz Scoop - With 50% less fat and 23% fewer calories than our regular ice cream. Regular Ice Cream: 170 Calories and 10 grams Fat per 2.5 oz Scoop.	1 - 2.5 oz Scoop (71 grams)	130	30	3.5	2.5	0	15	65	22	0	19	3	4	2	10	0
Premium Churned Light Amaretto Cherry Swirl Ice Cream - 4 oz Scoop - With 50% less fat and 23% fewer calories than our regular ice cream. Regular Ice Cream: 280 Calories and 15 grams Fat per 4 oz Scoop.	1 - 4 oz Scoop (113 grams)	210	50	6	4	0	25	105	36	1	31	5	8	2	20	2
Premium Churned Reduced-Fat, No Sugar Added Caramel Turtle Truffle Ice Cream - 2.5 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 10 grams Fat per 2.5 oz Scoop.	1 - 2.5 oz Scoop (71 grams)	120	45	5	3.5	0	15	75	24	2	4	3	4	2	10	0
Premium Churned Reduced-Fat, No Sugar Added Caramel Turtle Truffle Ice Cream - 4 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 15 grams Fat per 4 oz Scoop.	1 - 4 oz Scoop (113 grams)	200	70	8	6	0	25	120	38	3	7	5	8	2	15	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Premium Churned Reduced-Fat, No Sugar Added Chocolate Covered Bananas Ice Cream - 2.5 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 10 grams Fat per 2.5 oz Scoop.	1 - 2.5 oz Scoop (71 grams)	110	30	3.5	2.5	0	15	60	21	2	5	3	6	2	10	2
Premium Churned Reduced-Fat, No Sugar Added Chocolate Covered Bananas Ice Cream - 4 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 15 grams Fat per 4 oz Scoop.	1 - 4 oz Scoop (113 grams)	170	50	6	3.5	0	20	95	33	4	8	5	8	2	15	4
Premium Churned Reduced-Fat, No Sugar Added Key Lime Pie Ice Cream - 2.5 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 10 grams Fat per 2.5 oz Scoop.	1 - 2.5 oz Scoop (71 grams)	130	45	5	2.5	0	15	70	23	2	4	3	6	2	10	0
Premium Churned Reduced-Fat, No Sugar Added Key Lime Pie Ice Cream - 4 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 15 grams Fat per 4 oz Scoop.	1 - 4 oz Scoop (113 grams)	210	70	8	4	0	25	110	37	3	6	5	8	4	15	0
Premium Churned Reduced-Fat, No Sugar Added Pineapple Coconut Ice Cream - 2.5 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 10 grams Fat per 2.5 oz Scoop.	1 - 2.5 oz Scoop (71 grams)	100	35	4	2.5	0	15	50	18	2	5	3	6	4	10	0
Premium Churned Reduced-Fat, No Sugar Added Pineapple Coconut Ice Cream - 4 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 15 grams Fat per 4 oz Scoop.	1 - 4 oz Scoop (113 grams)	160	50	6	4	0	25	75	29	4	8	5	8	4	15	0
Premium Churned Reduced-Fat, No Sugar Added Thin Mint Ice Cream - 2.5 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 10 grams Fat per 2.5 oz Scoop.	1 - 2.5 oz Scoop (71 grams)	110	45	5	3.5	0	15	50	19	3	4	3	6	2	10	2
Premium Churned Reduced-Fat, No Sugar Added Thin Mint Ice Cream - 4 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 15 grams Fat per 4 oz Scoop.	1 - 4 oz Scoop (113 grams)	180	80	9	6	0	25	80	31	4	7	6	8	2	20	2
Premium Churned Reduced-Fat, No Sugar Added Tin Roof Sundae - 2.5 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 10 grams Fat per 2.5 oz Scoop.	1 - 2.5 oz Scoop (71 grams)	120	40	4.5	2.5	0	15	65	22	2	4	3	4	2	10	2

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Premium Churned Reduced-Fat, No Sugar Added Tin Roof Sundae - 4 oz Scoop - At least 25% less fat than our regular ice cream. Regular Ice Cream: 15 grams Fat per 4 oz Scoop.	1 - 4 oz Scoop (113 grams)	190	60	7	4.5	0	25	100	34	4	7	5	8	2	15	2
Strawberry Frozen Yogurt - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	110	30	3.5	2.5	0	15	45	18	0	18	3	2	2	10	2
Strawberry Frozen Yogurt - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	180	50	6	3.5	0	25	70	29	0	28	4	4	2	15	2
<b>Classic Flavors</b>																
Cherries Jubilee Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	70	8	4.5	0	30	50	19	1	16	3	6	2	10	2
Cherries Jubilee Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	240	110	12	7	0	45	80	30	1	26	4	8	2	15	2
Chocolate Chip Cookie Dough Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	190	80	9	6	0	30	85	23	0	19	3	6	2	10	0
Chocolate Chip Cookie Dough Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	300	140	15	10	0	50	135	36	0	30	5	8	2	15	2
Chocolate Chip Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	90	10	6	0	35	55	18	0	16	3	6	2	10	2
Chocolate Chip Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	140	16	10	0	55	90	28	1	26	5	10	2	15	4
Chocolate Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	6	0	30	85	21	1	19	3	6	2	10	6
Chocolate Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	130	14	9	0	50	135	33	2	30	5	10	2	15	8
Daiquiri Ice - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	80	0	0	0	0	0	10	21	0	21	0	0	0	0	0
Daiquiri Ice - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	130	0	0	0	0	0	15	34	0	33	0	0	0	0	0
Gold Medal Ribbon® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	70	8	5	0	30	80	19	0	17	3	6	2	10	4

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Gold Medal Ribbon® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	120	13	8	0	50	130	31	1	27	5	10	2	15	8
Jamoca® Almond Fudge Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	4.5	0	25	50	18	1	14	3	4	2	10	2
Jamoca® Almond Fudge Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	140	15	7	0	40	85	29	1	23	6	8	2	15	4
Jamoca® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	70	8	5	0	35	60	16	0	16	3	6	2	10	0
Jamoca® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	240	120	13	8	0	55	90	26	0	25	5	10	2	15	0
Mint Chocolate Chip Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	90	10	6	0	35	55	18	0	16	3	6	2	10	2
Mint Chocolate Chip Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	140	16	10	0	55	90	28	1	26	5	10	2	15	4
Nutty Coconut Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	190	110	12	6	0	30	65	18	1	15	4	6	2	10	2
Nutty Coconut Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	300	170	19	9	0	45	105	28	1	24	6	8	2	15	2
OREO® Cookies 'n Cream Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	5	0	30	95	20	0	17	3	6	2	10	2
OREO® Cookies 'n Cream Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	140	15	9	0	50	160	32	1	27	5	10	2	15	4
Old Fashioned Butter Pecan Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	100	11	5	0	35	75	16	1	15	3	6	2	10	0
Old Fashioned Butter Pecan Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	160	18	9	0	50	115	25	1	23	5	10	2	15	2
Peanut Butter 'n Chocolate Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	200	120	13	6	0	25	110	19	1	16	5	6	2	10	4
Peanut Butter 'n Chocolate Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	320	180	20	9	0	45	170	30	2	26	8	8	2	15	8

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Pistachio Almond Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	110	12	5	0	30	55	14	1	12	4	6	2	10	2
Pistachio Almond Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	170	19	8	0	50	85	22	1	19	7	10	2	20	2
Pralines 'n Cream Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	80	9	5	0	30	110	22	0	19	3	6	2	10	6
Pralines 'n Cream Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	130	14	8	0	45	170	35	1	31	4	8	2	15	10
Rainbow Sherbet - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	100	15	1.5	1	0	5	25	21	0	21	1	2	2	4	0
Rainbow Sherbet - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	160	20	2	1.5	0	10	35	33	0	33	2	2	4	6	0
Reese's® Peanut Butter Cup Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	190	100	11	6	0	30	90	20	1	19	4	6	2	10	2
Reese's® Peanut Butter Cup Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	300	150	17	9	0	50	140	32	1	30	6	8	2	15	2
Rocky Road Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	5	0	30	75	19	1	16	4	6	2	10	6
Rocky Road Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	140	15	8	0	45	120	31	2	26	6	8	2	15	8
Vanilla Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	90	10	6	0	40	45	17	0	16	3	8	2	10	0
Vanilla Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	140	16	10	0.5	65	70	27	0	26	4	10	2	15	0
Very Berry Strawberry Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	140	60	7	4	0	25	45	17	0	17	2	6	10	8	2
Very Berry Strawberry Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	220	100	11	7	0	40	70	27	0	27	4	8	15	15	2
World Class® Chocolate Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	90	10	7	0	30	60	19	1	17	3	6	2	10	2

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
World Class® Chocolate Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	140	16	11	0	45	95	31	1	27	5	8	2	15	4
made with Snickers® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	80	9	5	0	30	100	23	0	19	3	6	2	10	6
made with Snickers® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	290	130	14	8	0	45	160	36	1	31	5	8	2	15	10

### Cones

Cake Cone	1 Cone (7 grams)	25	0	0	0	0	0	15	5	0	0	0	0	0	0	2
Sugar Cone	1 Cone (12 grams)	45	0	0.5	0	0	0	35	9	0	3	1	0	0	0	2
Waffle Cone	1 Cone (38 grams)	160	35	4	1	0	10	5	28	0	13	2	0	0	0	4

### Flavors of the Month

Jamoca® Almond Fudge Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	4.5	0	25	50	18	1	14	3	4	2	10	2
Jamoca® Almond Fudge Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	140	15	7	0	40	85	29	1	23	6	8	2	15	4
Lunar Cheesecake - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	100	11	6	0	35	100	19	0	16	3	6	2	10	0
Lunar Cheesecake - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	290	150	17	9	0.5	55	160	30	1	25	5	10	2	15	2
Strawberry Lemonade Sherbet - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	100	10	1	1	0	5	20	21	0	20	1	0	2	4	2
Strawberry Lemonade Sherbet - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	150	20	2	1	0	10	30	33	0	32	1	2	4	6	2

### Regional Flavors

Banana Nut Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	90	10	4.5	0	25	45	15	0	14	3	6	2	8	2
Banana Nut Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	250	140	15	7	0	45	75	25	1	22	5	8	2	15	2

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Bananas 'n Strawberries Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	60	7	4.5	0	25	55	19	0	17	2	6	2	8	0
Bananas 'n Strawberries Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	230	100	11	7	0	45	85	31	0	27	4	8	4	15	0
Black Walnut Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	100	11	5	0	30	55	16	1	14	4	6	2	10	2
Black Walnut Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	160	18	8	0	50	90	25	1	23	7	10	2	15	2
Chocolate Almond Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	190	110	12	5	0	30	80	20	2	17	4	6	0	10	6
Chocolate Almond Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	300	160	18	8	0	45	125	32	3	28	7	8	2	15	10
Creole Cream Cheese Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	150	70	8	5	0	30	60	18	0	16	3	6	2	10	0
Creole Cream Cheese Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	240	120	13	8	0	50	95	28	0	26	5	10	2	20	0
Fudge Brownie Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	190	110	12	7	0	30	90	22	1	19	3	6	0	8	8
Fudge Brownie Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	310	160	18	11	0	45	140	35	2	30	5	8	2	15	10
Lemon Custard Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	70	8	5	0	45	65	19	0	18	3	6	2	10	0
Lemon Custard Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	120	13	8	0	75	105	30	0	28	5	10	2	15	0
Mississippi Mud Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	6	0	30	95	23	1	19	3	6	0	8	6
Mississippi Mud Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	130	14	9	0	45	150	37	2	30	4	8	2	10	10
Orange Sherbet - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	100	15	1.5	1	0	5	25	21	0	21	1	2	2	4	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Orange Sherbet - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	160	20	2	1.5	0	10	35	34	0	33	2	2	4	6	0
Oregon Blackberry Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	70	8	5	0	30	55	18	0	17	3	6	2	10	0
Oregon Blackberry Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	250	110	12	8	0	50	85	28	1	26	4	10	2	15	0
Rum Raisin Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	60	7	4.5	0	30	55	21	0	20	3	6	2	8	0
Rum Raisin Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	250	100	11	7	0	45	85	34	1	32	4	8	2	15	0
Splash Splash® Sherbet - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	90	0	0.5	0	0	5	15	21	0	21	1	0	0	2	0
Splash Splash® Sherbet - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	140	10	1	0.5	0	5	25	34	0	33	1	0	2	4	0
Strawberry Shortcake Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	6	0	30	100	22	0	18	3	6	2	8	0
Strawberry Shortcake Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	130	14	9	0	45	160	34	0	28	4	8	4	15	2
Wild 'n Reckless Sherbet - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	100	15	1.5	1	0	5	25	21	0	20	1	2	0	4	0
Wild 'n Reckless Sherbet - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	160	20	2	1.5	0	10	35	33	0	33	2	2	0	6	0

### Seasonal Flavors

America's Birthday Cake® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	80	9	6	0	30	65	21	0	18	3	6	2	10	0
America's Birthday Cake® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	130	14	9	0	50	100	34	0	28	5	10	2	15	0
Baseball Nut® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	4.5	0	25	75	19	0	15	3	6	6	8	2
Baseball Nut® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	130	14	8	0	45	120	30	1	24	5	8	8	15	2

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Chocolate Fudge Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	6	0	30	90	21	1	19	3	6	0	8	8
Chocolate Fudge Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	140	15	9	0	50	140	34	2	30	5	10	2	10	10
Chocolate Mousse Royale® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	190	100	11	8	0	25	65	22	1	19	3	4	0	8	6
Chocolate Mousse Royale® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	300	150	17	12	0	40	100	35	2	30	5	8	2	15	10
Cotton Candy Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	70	8	4.5	0	30	130	20	0	18	3	6	2	10	0
Cotton Candy Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	260	110	12	7	0	45	210	32	0	29	4	8	2	15	0
Egg Nog Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	160	70	8	5	0	40	55	19	0	17	3	6	2	10	0
Egg Nog Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	250	120	13	8	0	65	90	30	0	27	5	10	2	15	0
German Chocolate Cake Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	190	90	10	6	0	25	90	22	1	16	4	4	2	10	10
German Chocolate Cake Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	300	150	17	10	0	40	150	34	1	26	6	8	2	15	15
Icing on the Cake® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	210	100	11	6	0	25	65	25	0	22	3	4	0	8	0
Icing on the Cake® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	330	160	18	10	0	40	105	39	0	34	4	8	2	15	0
Love Potion #31® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	6	0	25	50	21	1	19	3	6	4	10	2
Love Potion #31® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	130	14	10	0	40	75	33	1	30	4	8	6	15	2
New York Cheesecake Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	180	90	10	6	0	30	75	19	0	16	3	6	2	10	2

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
New York Cheesecake Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	280	140	15	10	0	50	115	31	0	25	5	10	2	15	2
Peppermint Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	6	0	30	55	20	0	19	3	6	2	10	0
Peppermint Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	130	14	9	0	50	85	31	0	30	4	10	2	15	0
Pumpkin Pie Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	140	60	7	4.5	0	30	60	17	0	15	3	25	2	10	0
Pumpkin Pie Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	220	110	12	7	0	45	95	26	1	24	4	40	2	15	2
Quarterback Crunch® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	190	90	10	7	0	30	90	21	0	18	3	6	2	10	0
Quarterback Crunch® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	300	150	17	12	0	45	150	34	0	28	4	8	2	15	0
Rock 'n Pop Swirl Sherbet - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	120	25	2.5	2	0	5	25	23	0	23	1	0	0	4	0
Rock 'n Pop Swirl Sherbet - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	190	40	4	3	0	10	45	37	0	36	1	2	0	4	0
Strawberry Cheesecake Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	70	8	5	0	35	85	21	0	17	3	6	2	10	0
Strawberry Cheesecake Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	120	13	8	0	60	135	33	0	27	5	10	4	15	2
Tax Crunch® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	200	120	13	7	0	25	75	20	1	18	3	6	2	10	6
Tax Crunch® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	330	180	20	11	0	45	120	32	1	29	5	8	2	15	10
Tropical Ice - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	90	0	0	0	0	0	10	22	0	21	0	0	4	0	0
Tropical Ice - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	140	0	0	0	0	0	15	35	0	34	0	0	4	0	0

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
Watermelon Chip - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	90	0	0.5	0	0	0	10	22	0	22	0	0	0	0	0
Watermelon Chip - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	150	10	1	0.5	0	0	15	35	0	34	0	0	0	0	2
Winter White Chocolate® Ice Cream - 2.5 oz Scoop	1 - 2.5 oz Scoop (71 grams)	170	80	9	6	0	25	60	21	1	18	3	6	4	8	4
Winter White Chocolate® Ice Cream - 4 oz Scoop	1 - 4 oz Scoop (113 grams)	270	130	14	10	0	40	95	34	1	29	4	8	8	15	4

## Soft Serve

### 31° Below® Mix-In

Butterfinger® 31° Below® - Large	24 oz	1150	390	43	26	1	100	640	173	4	141	30	40	10	90	6
Butterfinger® 31° Below® - Medium	16 oz	840	290	32	19	0.5	70	470	127	3	103	21	30	8	60	6
Butterfinger® 31° Below® - Mini	9 oz	430	140	16	10	0	40	240	64	1	54	12	15	4	35	2
Butterfinger® 31° Below® - Small	12 oz	620	210	23	14	0	55	340	92	2	75	16	20	6	45	4
Chocolate Chip Cookie Dough 31° Below® - Large	24 oz	1180	370	41	23	1	120	650	180	3	141	28	45	10	90	8
Chocolate Chip Cookie Dough 31° Below® - Medium	16 oz	860	270	30	17	1	85	470	132	2	102	20	35	8	60	6
Chocolate Chip Cookie Dough 31° Below® - Mini	9 oz	440	140	15	9	0	45	240	66	1	54	11	20	4	35	4
Chocolate Chip Cookie Dough 31° Below® - Small	12 oz	630	200	22	12	0.5	65	340	96	1	75	15	25	6	45	4
Heath® 31° Below® - Large	24 oz	1280	530	59	34	1.5	130	790	166	3	158	27	45	10	90	6
Heath® 31° Below® - Medium	16 oz	940	390	43	25	1	95	580	121	2	116	19	35	8	70	4
Heath® 31° Below® - Mini	9 oz	470	190	21	12	0	50	290	62	1	59	11	20	4	35	2
Heath® 31° Below® - Small	12 oz	680	280	31	18	0.5	70	420	88	2	84	14	25	6	50	4
OREO® 31° Below® - Large	24 oz	1030	350	39	21	1	100	740	151	4	125	27	40	10	90	20
OREO® 31° Below® - Medium	16 oz	750	250	28	15	0.5	70	580	110	3	90	19	30	8	60	20
OREO® 31° Below® - Mini	9 oz	400	140	15	8	0	40	290	58	2	49	11	15	4	35	8

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
OREO® 31° Below® - Small	12 oz	550	190	21	11	0.5	55	420	81	2	67	14	20	6	45	10
Reese's® Peanut Butter Cup 31° Below® - Large	24 oz	1210	490	54	27	1	110	760	158	6	147	34	40	10	90	15
Reese's® Peanut Butter Cup 31° Below® - Medium	16 oz	880	360	40	20	0.5	75	560	115	4	110	25	30	8	70	10
Reese's® Peanut Butter Cup 31° Below® - Mini	9 oz	450	170	19	10	0	45	280	59	2	56	13	15	4	40	4
Reese's® Peanut Butter Cup 31° Below® - Small	12 oz	640	260	29	15	0.5	55	400	84	3	78	18	20	6	50	8
made with M&M's® 31° Below® - Large	24 oz	1430	500	56	36	1	120	510	206	6	190	30	45	10	100	10
made with M&M's® 31° Below® - Medium	16 oz	1050	370	41	26	1	85	360	151	5	140	22	35	8	70	8
made with M&M's® 31° Below® - Mini	9 oz	500	170	19	12	0	45	200	73	2	67	12	20	4	40	4
made with M&M's® 31° Below® - Small	12 oz	760	270	30	19	0.5	65	270	109	3	101	16	25	6	50	6
made with Snickers® 31° Below® - Large	24 oz	1290	490	54	28	1.5	115	710	176	5	159	33	45	10	100	8
made with Snickers® 31° Below® - Medium	16 oz	950	360	40	20	1	85	520	129	4	116	24	30	8	70	6
made with Snickers® 31° Below® - Mini	9 oz	470	170	19	10	0.5	45	260	64	2	59	13	20	4	40	2
made with Snickers® 31° Below® - Small	12 oz	690	260	29	15	1	60	380	94	3	84	17	25	6	50	4
<b>31° Below® Pies</b>																
Heath® 31° Below® Pie	1/9 Pie (118 grams)	340	150	17	10	0	20	210	43	1	35	5	6	2	15	6
OREO® 31° Below® Pie	1/9 Pie (127 grams)	370	140	16	9	0	15	280	53	2	36	6	6	30	15	15
Reese's® Peanut Butter Cup 31° Below® Pie	1/9 Pie (129 grams)	410	210	23	10	0	15	280	46	2	36	8	6	6	15	6
<b>Cups &amp; Cones</b>																
Vanilla Soft Serve - Kid's Size	3 oz	130	40	4.5	3	0	20	75	18	0	17	4	8	2	15	0
Vanilla Soft Serve - Large Size	9 oz	380	130	14	9	0	55	220	55	1	52	13	20	6	45	2
Vanilla Soft Serve - Regular Size	6 oz	250	80	9	6	0	35	150	37	1	35	8	15	4	30	0
<b>Soft Serve Parfaits</b>																
OREO® Soft Serve Parfait - Mini	8 oz	390	130	14	10	0	35	230	60	2	51	9	15	70	30	6

	Serving Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carb (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	% Daily Value			
													Vitamin A	Vitamin C	Calcium	Iron
OREO® Soft Serve Parfait - Regular	15 oz	740	240	27	20	0.5	55	460	114	3	93	16	20	130	50	15
Reese's® Soft Serve Parfait - Mini	8 oz	500	280	31	10	0	35	310	45	3	39	15	15	4	30	4
Reese's® Soft Serve Parfait - Regular	15 oz	990	570	63	19	0	55	630	86	6	73	29	20	6	50	10
Soft Serve Parfait made with M&M's® - Mini	8 oz	400	140	15	11	0	35	200	61	2	53	9	15	70	30	4
Soft Serve Parfait made with M&M's® - Regular	15 oz	820	280	31	23	0.5	60	370	124	3	108	17	25	130	60	10
Soft Serve Parfait made with Snickers® - Mini	8 oz	390	110	12	7	0	35	290	63	1	55	9	15	4	30	2
Soft Serve Parfait made with Snickers® - Regular	15 oz	780	230	25	14	0.5	65	570	127	2	108	17	25	6	50	2
Strawberry 'n Almonds Soft Serve Parfait - Mini	8 oz	300	100	11	6	0	35	140	43	2	40	9	15	25	30	4
Strawberry 'n Almonds Soft Serve Parfait - Regular	15 oz	600	240	27	10	0	55	240	76	4	70	18	25	50	50	10

## Sundaes

### Classic Sundaes

Banana Royale Sundae	1 Serving (321 grams)	620	260	28	19	1	85	200	87	5	73	9	15	15	25	4
Brownie Sundae	1 Serving (303 grams)	920	430	47	22	1	150	460	119	2	97	12	15	4	25	8
Classic Banana Split	1 Serving (571 grams)	1010	310	34	20	1	115	240	173	8	125	12	20	45	30	10
Two-Scoop Sundae	1 Serving (203 grams)	530	260	29	19	0	85	200	61	0	51	8	15	2	20	2

### Premium Sundaes

3-Point Chocolate Sundae	1 Serving (391 grams)	1400	700	78	39	1	90	880	164	9	135	26	15	130	45	35
Chocolate Chip Cookie Dough Sundae	1 Serving (337 grams)	990	380	43	28	1	105	540	138	2	107	13	20	4	40	4
OREO® Layered Sundae	1 Serving (347 grams)	1330	550	61	31	1	100	950	189	4	146	14	20	4	35	40
Reese's® Peanut Butter Cup Sundae	1 Serving (344 grams)	1220	720	80	32	1	100	700	109	6	92	27	15	4	40	15
made with Snickers® Sundae	1 Serving (340 grams)	1000	410	46	25	1	100	710	138	3	113	16	15	4	40	8

Allergy sufferers should always read the product ingredient statement and allergen information available at [www.BaskinRobbins.com](http://www.BaskinRobbins.com). Please note that our restaurants prepare and serve products that contain allergens other than the products you select.

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